

For families who've experienced a workplace fatality, serious injury or disease, the calendar may be filled with dates that spark memories: anniversaries and birthdays, dates of injury, diagnosis, court or inquest. But there is one day in the year when private memories and public memorial come together: **National Day of Mourning.**

Observance

The National Day of Mourning is not only a day to remember and honour those lives lost or injured due to a workplace tragedy, but also a day to renew the commitment to improve health and safety in the workplace and prevent further injuries, illnesses and deaths.

On April 28th the Canadian flag will fly at half-mast on Parliament Hill and on all federal government buildings. Employers and workers will observe Day of Mourning in a variety of ways. Some light candles, lay wreaths, wear commemorative pins, ribbons or black armbands, and pause for a moment of silence at 11:00 a.m.